



Sarina
NEWS
April/May 2014

Sarina Neighbourhood Centre's International Women's Day



To acknowledge and celebrate International Women's Day, the Sarina Neighbourhood Centre hosted a Women's Healthy Life, Feel Good Expo on Friday, March 7, for women in the community.

The event was held at the Mackay Regional Council's Bob Wood Cultural Hall in Sarina.

Visitors from all parts of the Mackay region joined the Sarina community to enjoy the wonderful selection of stalls including arts and crafts, beauty, family and child health, cancer support, scrapbooking, Tupperware, emotional wellness, support services, aged care services, fitness, libraries, banking and photography.

A Tai Chi demonstration also entertained the ladies while they enjoyed a delicious morning tea.

Feedback received from participants and attendees was very positive with the event considered a huge success, with promise of more to come.

Sarina Historical Centre

Sarina Historical Centre reopened on April 1 and is now open on Tuesdays, Wednesdays and Fridays from 9am to 2pm.

There are a number of new displays this year which are well worth a closer look. One of special interest showcases 150 years of the Queensland Police. The history of the Sarina Police plus a number of photos of former Police Officers are on display. Come in and see if you can work out who committed the crime from the 'crime scene' on display.

The Centre is also looking for more volunteers so if you have one day (6 hours) a week, or even one day a month, that you can donate towards helping to preserve the history of our community, the Sarina Historical Centre would love to hear from you.

Keeping a record of Sarina's history is more important than ever with the amalgamation of Sarina, Mackay and Mirani regions occurring in 2008.

If you can help or want to know more about volunteering please feel free to come down and see us on any day that we are open or ring the Museum on 4956 2436 or after hours on 4943 1926.

You will find us in the Field of Dreams Parklands, Sarina.



Sarina Beach Progress Association



Locals enjoyed a morning tea provided by the Sarina Beach Progress Association.

The Sarina Beach Progress Association held a free morning tea on Sunday, March 30, to create interest in the community.

They were struggling to get new members, especially young members with families, but the group was over the moon with the response, with both new and older members turning up to join. However, they still need more.

The group's objective is to raise money to give the beach a new playground for families who live in the area to enjoy.

If you would like to become a member of the Association and have your say on what happens at the beach please ring Fran for a registration form on 4956 6295 or 0418 980 549.

Sarina District BMX

Sarina and District BMX Club has been overwhelmed by the response to hosting its National Sign-on Day.

They had a mass of new riders participating in the sport for the first time! The National Sign-on Day allows new riders to try the sport under the guidance of qualified coaches and officials, through coaching and assistance – with the emphasis on FUN!

Club President David Wray said he was overwhelmed with the interest in the Sarina BMX club, and the level of enthusiasm that the new riders brought on the day.

“With BMX going from strength to strength, we have seen the interest in our club double with our National Sign-on Day exceeding all our expectations,” he said.

“The sport promotes healthy activity and develops skills of the rider in a fun-safe environment which the whole family can participate in.”

Anyone who missed the sign-on day can still be part of the club. Our race nights are held every Friday night at the track on the corner on Maureen and Hoey Street. Nominations start at 5.45-6.30pm.

For more information about Sarina BMX Club or how to get involved in BMX, find them on Facebook or visit bmxaustralia.com.au

IDEAL Placements

IDEAL Placements is a local non-profit organisation focused on the provision of quality employment services that improve the lives of job seekers with a disability, injury, illness or health condition. IDEAL Placements provides tailored employment solutions that encourage independence of clients in the open labour market. IDEAL Placements can also assist employers with finding suitable staff and can offer post placement support and wage subsidies at no cost to the employer. Call us today on 4943 0594 to find out how we may be able to assist you.

Sarina Golf Club



Sarina Golf Club is currently running free golf clinics for beginner golfers on Wednesdays at 12.30pm and at 3.30pm for children.

The club was lucky enough to gain funding through the “Get Going” programs, an initiative of the Queensland Government. These lessons will continue for another six weeks in the second school term.

Members and visitors are also enjoying special prices on Monday and Tuesdays and half price golf on Fridays.

People who want to know how to get into golf can call the club on 4956 1761 or email info@sarinagolfclub.com.au to ask about the affordable memberships.

In July Sarina Golf Club is playing host to the 21 best junior girl golfers in Queensland when the districts compete for the Junior Girls Inter-district Trophy. This is a testament to the recognition throughout the district of the high quality of the Sarina Golf Course.

Players and officials will come from all districts including Brisbane and the Gold Coast and stay in Sarina accommodation.

Local Feral Pig Control Program



Local shooter Mark Sant with a feral pig that was targeted during the recent Aerial Control Program

Landholders in the Rocky Dam Creek and Carmila Catchments recently participated in an aerial pig control program. The aerial control throughout the catchments began on December 16, 2013, with the final flyover on January 4, 2014. During the 33 hours flown, 171 pigs were killed, which will greatly reduce the impact of this pest across the region.

Reef Catchments Waterways Project Officer Iona Flett, said, "Left unchecked, feral pigs can do a lot of damage, both to the natural environment and agricultural areas including cane paddocks and grazing pastures."

"They also create water quality issues by disturbing river vegetation and sediment.

"The program is an important collaboration between local organisations, businesses and landholders and aerial and ground pig control is an essential part of reducing feral pig numbers in the Rocky Dam Creek and Carmila areas with direct benefits for the local agricultural industry, as well as the environment and the wider community."

This current project was delivered in partnership with the landholders, Sarina Landcare Catchment Management Association, who coordinated the project, Reef Catchments (MWI) Limited and Mackay Regional Council.

Sarina Landcare Catchment Management Association's Administration Officer Nadine Hamill commented, "The feral pig control program has become an annual event due to the dedication of the local landholders to address the problem.

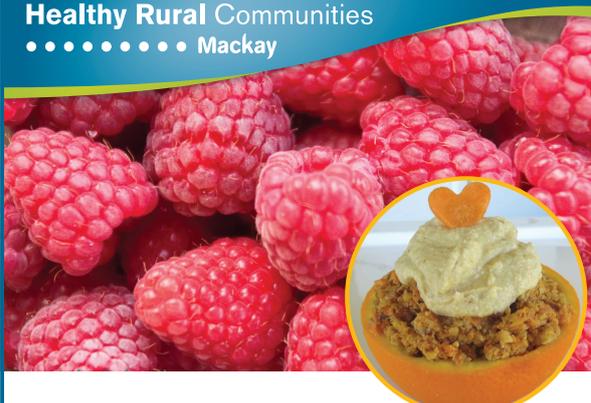
"Landholders contributed to the cost of one hour of flight time and considered it money well spent and the number of local landholders participating in the program has continued to grow each year.

"The previous aerial control programs have benefited many sugarcane and grazing properties with many landholders reporting reduced damage to crops and paddocks as well as increased productivity," she said.

Landholders in the Rocky Dam Creek and Carmila Catchments that are interested in participating in future coordinated Feral Pig Programs should contact Nadine Hamill (Sarina Catchment Landcare) on 4956 1388.

Healthy Rural Communities

..... Mackay



No Bake Dessert Workshops

Rural residents are invited to attend the following workshops to learn how to make mouth-watering, energizing and healthy "No Bake Desserts" for breakfast, lunch and dinner.

Free workshops - morning tea and lunch provided!

- > **Thursday, May 1, 9am - 1pm**
Sarina Community Hall
- > **Thursday, May 15, 9am - 1pm**
The Leap Hall

Pre-registration is essential, contact Christine on 4961 9668 or email hc@mackay.qld.gov.au.

..... www.mackay.qld.gov.au/hrcm



An initiative of Mackay Regional Council funded by the Australian Government.

Sarina District Kindy Open Day

Saturday, May 31 from 9am to 12noon
32-34 Lee Street, Sarina

Free jumping castle, food and drinks for sale, free entertainment and free activities.

There are so many reasons to choose Sarina and District Community Kindergarten...

- > Proud to be the longest serving kindergarten in the Sarina community – 30+ years.
- > Excellent educational resources.
- > All staff nominated for 2013 NEITA Awards for Inspirational Teachers.
- > Parents involved in decision-making.
- > Only pay for school terms.
- > Affordable for all - Reduced fees for healthcare card holders.
- > Not-for-profit – All fees go directly towards improving the services to enhance the children's education and Kindy experience.
- > All inclusive in your fees-no added cost; Sunscreen, entertainer visits, Mother's Day and Father's Day celebrations and an End of Year DVD for all families so you can cherish those kindy memories.

All welcome to the Open Day.

Please phone 4956 1580 for further details.

Sarina Show Society

The Sarina Show Society will be holding its 50th Show in early August. If anyone out there has memorabilia from early shows, especially photos we would love to hear from them. Please call 4956 1066 or email sarina.showsoc@bigpond.com. Any photos will only be copied and the originals will be returned to the owner.

Join the Crocs

Sarina Rugby League Football club invites all young men aged 16-18 years to come down and be a part of the future of Sarina's rugby league. Sarina can proudly lay claim to being the grassroots club for many representative players so take their lead, follow in their footsteps and grasp the opportunity to play for your country town as they did! Training is held each week at 6pm on Tuesdays and Thursdays at Ray Edwards Oval, Hoey Street, Sarina.

HALF PRICE REGISTRATION > \$ 60 only.
For more information phone Rick on 0438 561 217 or Lisa on 0400 797 429.

Sarina Art Extravaganza



Artist Kelly Borsheim, who currently resides in Florence, will be a guest judge for the Sarina Art Extravaganza on Saturday, May 24.

During her stay Kelly will host a workshop for adults in charcoal drawing on May 24, 25 and 26 and she will work with local school children on May 28, 29 and 30. Contact Janice on 4956 6524 if you're interested in participating in the charcoal workshops.

While in Sarina, Kelly will also be working on two pavement paintings - one at Field of Dreams on May 17 and the other at the front of the Gone Bonkers Store in the Sarina Woolworths Complex on May 20.

Libraries

BABY BOUNCE at Sarina Library on Tuesdays from 9.30am to 10am and then for every Tuesday during school term.

Baby Bounce is aimed at 0-18 month olds and their parents and carers and is held weekly during the school term. This half hour program of nursery rhymes, lullabies, finger plays and songs and the use of board books and picture books promotes language and literacy development in an interactive, fun-filled environment. The sessions encourage valuable one-on-one time between parent and child and are also a great networking opportunity for parents and carers.

DISCOVER IT COMPUTER CLASSES

The Discover IT class program contains a wide range of hands-on, practical sessions in a relaxed environment. Each class has been designed to provide a starting point into the world of basic computing, email, the Internet, mobile phones, digital cameras and other technologies. Classes are run on a continuous cycle from February to November and are held weekly at Mackay City, Gordon White, Sarina, Mirani and Walkerston libraries.

Class requirements:

- > If you are not confident with a computer, you will need to attend at least one Basics class before attending others.
- > Remember to bring your email address and password details (if you have email already) to all classes.
- > Basic Internet competence is required to attend Facebook, ABC Open and Find It! classes.
- > Remember to bring the instruction booklet and connection cables for all devices including mobile phones and cameras.
- > Please also remember to practise between classes.

Don't have a computer at home? Use the library computers! As a member of the library you are entitled to 90 minutes per day of free computer use. All classes are free for library members but bookings are essential and can be made at any library branch. The February-June 2014 class schedule is available in branch or online at www.mackay.qld.gov/libraries.

Isaac Coastal Photography Society

The Isaac Coast Photography Society (ICPS) will meet on the second and fourth Sunday of each month from 9am to 12pm. The venue alters monthly between Sarina, Ilbilbie and Flaggy Rock.

Founded in 2014, ICPS is a not-for-profit organisation welcoming all hobbyists and aspiring and professional photographers who are excited to connect and continue to learn more about the study of photography. They are committed to hosting workshops, photo walks and ongoing learning at club days and regional outings.

ICPS is also a place to share, appreciate and critique each other's work with constructive feedback. You are invited to contribute your best work, post helpful links, engage in discussions, share your passion for photography, ask questions and be open to the helpful tips and opinions of others who may enlighten and inspire you.

Fees: \$20 annually, due in January and meetings are \$2 unless otherwise specified.

Contact details:

Laurie Anne King, Carmilla - 4929 4120, 0400 920 006 or email laurieanneking@icloud.com

Wendy King, Sarina Range - 4950 4225, 0418 756 493 or email marshking@activ8.net.au

Glenys Weeks, Orkobie - 4950 2218, 0458 652 653 or email gweeks2010@hotmail.com



Sarina Wesleyan Methodist Church

Sunday, May 4 at 9am

Sarina Wesleyan Methodist Church celebrates its 30th anniversary with first pastor Rob Lassig here as our guest speaker. Morning service to be followed by morning tea and a PowerPoint presentation of events over those 30 years. All are welcome to attend.

Sunday, May 11 at 9am

Mother's Day Service and morning tea

July 8-11 from 9.30am to 12.30pm

Annual Holiday Kids Club for children ages 4-13. Activities include stories, songs, craft, morning tea, games and lots of fun.
Theme: Following Jesus (life of Peter)

Sarina Wesleyan Methodist Church is located at 87 Range Road, Sarina

Please ring 4956 2510 for more information.

What's on...

Under 8's Day

Swaynesville State School will be holding an Under 8's Day on Tuesday, May 20 from 8.50am to 10.30am. It's open to children aged 0-8 years to come along and participate in a range of hands-on learning experiences including mural painting, an obstacle course, collage, dress up, face painting, story telling, bubbles, plus more. There will also be a magician. This event is free to attend. Swaynesville State School is located at 592 Sarina-Marlborough Road, Sarina.



Rock 'n' Roll

Come and learn to Rock and Roll at St Lukes Hall, Sarina from 7pm til 9pm every Friday (during school term). Cost: \$5 per head, light supper provided at the end.

Family Movie Night

The Sarina Festival Committee will be hosting a family movie night on May 17, 2014, at the Sarina Show Grounds. There will be a sausage sizzle, soft drinks, an ice cream van and coffee van. BYO chairs, blankets, bean bags and have an amazing night under the stars! Tickets will be on sale at Bendigo Bank, Wards Jewellers and Sarina Tourist Art and Craft. Please check the Sarina Festival Facebook page and flyers around town for details as they come to hand. For more information contact Lisa on 0400 797 429 or email sarinarlfcsecretary@bigpond.com.

Mother's Group

Fridays from 9.30am to 11am.

Chat with other mums over coffee while your children play in a child-friendly setting. Call Mareesa on 0422 923 715 for more information.



AMP Sarina (Youth)

Fridays from 6.30pm to 8.30pm during school term.
Held at 1-3 Leslie St, Sarina.

Meet new friends, attend awesome events and get energised at AMP Sarina. Grades 7-12 welcome. For more information call Erin on 0438 791 560.

Get involved

If you have any articles for the next Sarina Community Newsletter, or would like to be on the mail list, please contact Margaret McDowall, Sarina Neighbourhood Centre Officer, Mackay Regional Council on 4961 9290 or email margaret.mcdowall@mackay.qld.gov.au.



**foster
CARER**
could you be one?

**Foster carers are as different as
the young lives they transform**

Churches of Christ Care Pathways support their carers with training, advice and access to local resources to enable them to provide the best home environment for the children and young people in their care.

Contact us for a foster care information pack.

Churches of Christ Care Pathways
4953 5097
carepathwaysqld.com.au



Child Health Nurses in Sarina

Child, Youth and Family Health will have Child Health Nurses available at Sarina Community Health, Hospital Street every Wednesday.

The clinic times are as follows: Drop in clinic 9:15am - 12pm
Appointments: 1:15pm - 2:45pm

The nurses are available to offer growth and development assessments and also to provide information on breastfeeding, nutrition, sleep, health and parenting. To make an appointment ring 4968 3863.