



**Sarina**  
NEWS  
May 2015

## Sarina Neighbourhood Centre

The Sarina Neighbourhood Centre is a Mackay Regional Council service which receives funding from the State Department of Communities, Child Safety and Disabilities through the Neighbourhood Centre's Initiative.

### Services available:

- Information, advice and referral
- Community information directories
- Community newsletters
- Community notice board
- Sarina events calendar
- Community education activities
- Emergency relief funding



### Facilities available:

- A meeting room is available for community members and groups to utilise during the centre's operating hours
- An office is available for visiting services to meet with clients during the centre's operating hours
- Centrelink access point is available for self services

**The Sarina Neighbourhood Centre is located next to Mackay Regional Council Client Services Centre,  
65 Broad Street, Sarina.**

Phone: 4961 9290 or 4961 9283

Email: [margaret.mcdowall@mackay.qld.gov.au](mailto:margaret.mcdowall@mackay.qld.gov.au)

## Save the date!

> *Thursday, August 20*

Sarina Neighbourhood Centre's Sarina Senior's Morning Tea will be held Thursday, August 20 at the Cultural Hall Sarina. Be sure to mark this one in your calendar!





## C&K Hoey Street Community Kindergarten

### TERM 2, WEEK 1– PLAY

Almost any adult you meet can recall a pleasurable childhood play experience, often in rich and vivid detail. When we recall our childhood play, we talk about feelings – of freedom, of power, of control, and of intimacy with friends. Many of us remember endless, delicious time spent in secret places – the time and place still palpable. We remember the feel of the wind, the touch of the grass, the sound of creaking stairs, and the smell of a dusty attic.

Play is meaningful experience. It is also tremendously satisfying for children, a pursuit they seek out eagerly, and one they find endlessly absorbing. Anyone who has spent any time watching children play knows they engage deeply and they take their play very seriously. Early childhood educators have long recognized the power of play. The significant contribution of play to young children's development is well documented in child psychology, anthropology, sociology, and in the theoretical frameworks of education, recreation, and communications. Being able to play is one of the key developmental tasks of early childhood. Play is "the leading source of development in the early years": it is essential to children's optimal development.

Ironically, play is persistently undervalued, and children's opportunities for uninterrupted free play – both indoors and out – are under threat. The physical and social environments of childhood in the Western world have changed dramatically over the past several decades. Many children are spending substantial time in peer-group settings from a very young age. Many of these settings focus on structured educational and recreational activities, leaving little time for participation in open-ended, self-initiated free play. Children's play advocates are concerned that access to outdoor play opportunities in natural environments in neighbourhoods is vanishing.

Technology, traffic, and urban land-use patterns have changed the natural play territory of childhood. Parents are increasingly concerned about safety and children find themselves in carefully constructed outdoor playgrounds that limit challenge in the name of safety. The priority currently given to the early acquisition of academic skills is another threat to children's play. This emphasis often

constrains and limits the scope of the learning that unfolds naturally in play.

The question of how and what children should learn in preparation for formal school is a subject of vigorous debate. It used to be that children spent their preschool years playing, whether at home, in child care, or in preschool social settings. Many now advocate for early childhood programs focused on literacy and numeracy experiences, and in recent years, the trend has been to introduce more content via direct instruction into the practice of early-childhood professionals.

Research demonstrates that this approach, while promising in the short term, does not sustain long-term benefits and, in fact, has a negative impact on some young children. Long uninterrupted blocks of time for children to play – by themselves and with peers, indoors and outdoors – are becoming increasingly rare. The developmental literature is clear: play stimulates physical, social, emotional, and cognitive development in the early years. Children need time, space, materials, and the support of informed parents and thoughtful, skilled early-childhood educators in order to become "master players." Young children need a balance of opportunities for different kinds of play, indoors and out.

They need the support of knowledgeable adults and parents who do the following:

- Provide long, uninterrupted periods (45-60 minutes minimum) for spontaneous free play.
- Provide a sufficient variety of materials to stimulate different kinds of play – blocks and construction toys for cognitive development; sand, mud, water, clay, paint, and other open-ended materials for sensory play, dress-up clothes and props for pretend play; balls, hoops, climbing places, and open space for gross motor play.
- Provide loose parts for play, both indoors and out, and encourage children to manipulate the environment to support their play.
- Consider the opportunities for challenge and age-appropriate risk-taking in play.
- Ensure that all children have access to play opportunities and are included in play.
- Let children play for their own purposes.
- Play with children on their terms, taking the occasional ride down the slide, or putting on a hat and assuming a role in pretend play.
- Recognize the value of messy play, rough-and-tumble play, and nonsense play.
- Understand that children need to feel a sense of belonging to the play culture of childhood.
- Take an interest in their play, asking questions, offering suggestions, and engaging eagerly as co-players when invited.

### Children need time to play for the sake of playing.

Link to further reading: <http://curriculum.nesd.ca/Subjects/Kindergarten/General/Ministry%20Kindergarten%20Supports/The%20Importance%20of%20Play.pdf>

# Mayor's column

It was wonderful to see the community come together to acknowledge Ted Malone at the recent Testimonial Dinner for his 21 years of service in public life. The dinner was hosted by Mackay Regional Council and was an opportunity for the community to thank and pay tribute to both Ted and Tim Mulherin for their dedication and hard work.

Ted leaves behind a legacy of achievements in our region and can be justifiably proud of the Sarina Rural Skills Centre and his work in the Emergency Service area with creation of the Emergency Services Cadet Program. This program will ensure the next generation of emergency service workers.

I wish Ted and his wife Mary all the very best for the future.



The Mackay region witnessed many moving ceremonies marking the 100th anniversary of ANZAC. It was wonderful to see the community turn out in such numbers to be part of the Anzac Spirit. Sarina residents Beryl, Ailsa and Olga, daughters and descendants of WW1 soldier Private James Peterson, were some of the many WW1 descendants at the Anzac Day Civic Reception in Jubilee Park where I unveiled the Anzac Walk. When you are next in Mackay, please check out the plaques on the Anzac Walk in Jubilee Park.



Sarina Beach Road Shopping Centre has announced the winner of its inaugural Community Program for local non-profit organisations. I took part in the judging panel and was pleased to see a long list of worthy recipients. The Sarina & District Tennis Association has won the \$3000 sponsorship for this round and will spend the money on purchasing new nets for their courts.

Nominations for the next round of funding will open in July with the judging in August so don't forget to take the opportunity to put in your submission.

For more information go to [www.facebook.com/SarinaBeachRoadSC](http://www.facebook.com/SarinaBeachRoadSC).

The Sarina Sugar Shed was again in the news with its Special Release Rum for the inaugural Sarina RSL Red Poppy Dinner. It was great to see the partnership between the Sarina Sugar Shed and the Sarina RSL Club to produce this special drop.



## Smart Phone Q&A

> Save the date!

**Sarina Library Wednesday, May 20th 2.00pm-3.30pm**

Have a question (or two) about your smart phone? Bring your phone along with your questions to this class and we will endeavour to find you answers.

Modern Smart phones typically include high-resolution touch screens, web browsers that can access the internet and high-speed data access via Wi-Fi and mobile broadband.



## Mackay Community Visitors Association

MCVA is a non-profit organisation which recruits, trains and supports a volunteer base of community visitors who provide a one on one friendship to lonely and socially isolated people within the community, both within aged care facilities and clients who still remain living in their own homes.

People find themselves lonely and isolated for various reasons, through disability, frailty, aging or because family are too busy to visit or live too far away. The organisation attempts to alleviate these feelings of loneliness and abandonment.

A client is referred to the organisation and a suitable volunteer is introduced and then between them they determine a convenient time for the two to meet each week. They do whatever usual friends do including just having a cuppa and a chat, go shopping, go to the movies or a drive or have a picnic or attend other events.

The objective of the organisation is to increase a sense of community integration and less isolation for the client and a feeling of community achievement and reward for the community visitor.

**MCVA is always seeking volunteers and is currently taking new clients.**

MCVA also has a transport program for people who are unable to access mainstream transport to attend medical appointments, shopping and social events.

This program services people who need transport but who are self-reliant once at their destination. This is a door to door, minimal fee program. The transport program utilises two Hi Ace vans, one which is fitted with a wheelchair lift and a sedan.

MCVA collect passengers in Sarina every second Friday of the month.

## CentacareCQ offers quality care in your community

A longstanding and respected local organisation, CentacareCQ provides a wide range of professional Social Services throughout Central Queensland – from Mackay to Bundaberg and out to the Central West.

These Services include Aged Care, Disability and Mental Health Care, Counselling for individuals, couples and families, Domestic Violence Support, and Training for Social Services professionals.

Currently in Mackay, CentacareCQ have seven Level 1/ Level 2 Home Care Packages ready to be taken up by eligible consumers in need of Packaged Care.

Kathryn Maker is the Community Services Coordinator at CentacareCQ Mackay, and she said her experienced staff were there to make a positive difference in the lives of their consumers.

“We offer a quality service, and we know how important it is to focus on the individual needs of the consumers that we care for,” Ms Maker said.

“We look forward to hearing from potential consumers who are interested in having a CentacareCQ Home Care package tailored to their requirements.”

For those looking for a different range of support, CentacareCQ also offer Family Dispute Resolution, ACCESS Employee Assistance Program, Natural Fertility information, and Community Education including parenting and self-care workshops.

For more information on any of these services, or to arrange an appointment, call 1300 523 985 and speak with a member of the friendly CentacareCQ Client Contact team.



**CentacareCQ**  
DIGNITY • COMMUNITY • CHOICE

## Sarina & Campwin Beach's 8<sup>th</sup> Annual Giant Garage Sale

The Sarina Beach Progress Assoc. including Campwin Beach are holding their 8<sup>th</sup> annual garage sale on Sunday, May 24 beginning at 7.30am. Last year we had over 40 houses registering for a sale. We hope to see lots of people coming to Sarina Beach for a bargain. Registration is open from May 4 - 22 for a garage sale at your home, just come to the Sarina Beach Store/Servo. Registration is \$10.

People wishing to come to the sales are asked to call into the Sarina Beach Store/Servo to get a map of all the garage sales that morning. A sausage sizzle will be held at the store carpark from 7.30am

Proceeds from the garage sale registration and sausage sizzle will be put towards an ongoing project for the club. Even if you don't buy anything come along to one of the nicest patrolled beaches around and see what we have to offer, or purchase something from the take away menu at the Sarina Beach Store/Inlet Cafe (our sponsors). There is also a sea side park to enjoy for all the family. So follow the signs to Sarina Beach and get a bargain or two.

**All enquiries call 4956 6677 or 4956 6295.**

## Mackay Advocacy Inc.

Mackay Advocacy Inc is a non-profit community based organisation that provides free and confidential individual advocacy to Mackay, Sarina, Whitsundays and Hinterland Regions. Mackay Advocacy is funded by the Dept. of Communities, Child Safety & Disability Services, it is part of our service agreement to support the most vulnerable people with a disability, to ensure their fundamental human rights are met. Independent and individual advocacy provides a strong voice allowing people with a disability to exercise control over their lives, establish meaningful relationships with other people and to engage and contribute to the life of the community.

We believe that people living with a disability should:

- Be respected and valued
- Be connected with family, friends and community
- Have support services provided in appropriate and responsive ways
- Have opportunities to live ordinary life

Karen Casteel is our Outreach Advocate who travels to Sarina. Karen is available to visit Sarina by appointment whether it be in your own home or the Sarina Neighbourhood Centre. You can make an appointment by calling our office on 4957 8710, send an email to [admin@mackayadvocacy.com.au](mailto:admin@mackayadvocacy.com.au) or visit our website [www.mackayadvocacy.com.au](http://www.mackayadvocacy.com.au)

# Sarina Showground Market

### Make a Morning of IT

Plenty to See & Do  
Meet up with Old Friends  
Kiddies Activities-  
Home Baking -  
Old wares - Plants  
Trash & Treasure  
Hand-made Clothing  
Handy Crafts

## Sunday

## May

## 31st

### Future Markets

April	29th
May	31st
June	28th
July	26th
August	30th
September	27th
October	25th
November	29th
December	20th

### Canteen Open

Staffed by the  
Sarina Show Society  
Volunteers

Good Food  
Cold Drinks



### Live Entertainment

Sarina Show Office & leave a Message—  
Phone 4956 1066 or Fax 4956 2036  
Mobile – 0418 737 096  
Web Site: [www.sarinashowsociety.com.au](http://www.sarinashowsociety.com.au)  
Site Bookings are Essential





**It is important for Australian Industry businesses to employ or host Australian Apprentices who are “made for trades”. Read on to understand why.**

The trades have long been suffering irregular, if not poor, completion rates for Australian Apprenticeships for some time. Industry completion rates have been reported to be around 50% for completion of trade based apprentices.

There are numerous reasons as to why apprentices do not complete the terms of the contract. The NSW Board of Vocational Education and Training Fair Deal Report has broken it into four main personality profiles:

1. Made for trades
2. Contended stayers
3. Accidental apprentices
4. Square pegs

“Made for trades” is the type of apprentices that MIGAS focuses on. “Made for trades” applicants walk through your door at the interview stage and the minute you start the conversation you know they are made for a trade. These individuals seem to have been cut out for the trades since they were young.

Being “made for trades” is sometimes confused with the “accidental apprentices”, where their family members, or friend, are from a certain trade and they just simply think that they may as well “follow in their father’s footsteps.”

“Made for trades” type apprentices have been heading toward this vocation since a young age. They have a strong passion for industry and will partake in activities that relate to their desired trade. As an example, a “made for trades” automotive apprentice will be the type of person that would tinker away at a car or motorbike at home.

This passion extends into reading and self-educating themselves at a young age through books and the internet, and sharing experiences with friends and associations where groups share the same interest. They become so entrenched into learning more that they see the Australian Apprenticeship structure a natural pathway to satisfy their hunger for the industry.

Interviewing an applicant of this nature sometimes makes you feel quite uneducated in the field, because they already have strong under-pinning knowledge. They will often breeze through the recruitment phase with confidence, knowing it is simply a process they need to go through to achieve the first step in gaining a possibly rewarding and lifelong career they love.

They realise that the lower wages and hard work at a young age as an apprentice is counter-balanced by the fact that they are surrounded in the industry of their choice, and the realisation that they will now live and breathe it for the traditional four year apprenticeship is a bonus. “Made for trades” apprentices do not see the structure of these four years as a long period, rather a short period to learn as much as they can to become trade qualified experts in the field of their choice.

“Made for trades” apprentices are typically those types that are always the first to arrive at work and often the last to leave. When the companies they work in have their busy periods and the question of overtime comes up, they relish in it, not for financial gain but for the opportunity to learn. They are like a sponge for more knowledge, working longer hours to gain more experience to become a better tradesperson after the apprenticeship.

Employing apprentices with these characteristics has a large benefit to any workshop, with not only increased productivity but also reliability and dependability.

The best thing that “made for trades” apprentices bring the workshop is a positive and committed attitude. In various industries and many workshops, the impact the apprentice or trainee has on the other workers is astounding. “Made for trades” apprentices lift moral and bring an infectious “can do” attitude to the workshop. Often they will be a strong team player and have great time management. This can drive trade qualified employees further and harder to succeed also.

“Made for trades” apprentices often talk about their long term goals after gaining their qualification. They want to extend far beyond the apprenticeship or traineeship, into the Industry they’re passionate about.

“Made for trades” apprentices are the type of people everyone wants in their business. They enjoy the apprenticeship, they enjoy the work, they enjoy the team work and gain satisfaction from looking back at what they started at the beginning of the week and relishing in the fact they completed it.

A quote from a past MIGAS apprentice in the fabrication trade, “I’m not a “made for trades” apprentice... this trade is made for me”.

Researching your options of having an Australian Apprentice or Trainee in your workplace? MIGAS recruits only the top 10% of applicants and aims to provide “made for trades” apprentices to Australian businesses all over the country. Call local MIGAS representative Kim Rhodes on 0477 077 008 to discuss the requirements of your business.

**Do you think you’re a “made for trades” apprentice? Check out the apprenticeship and traineeship qualifications available in the industry you’re interested in on the MIGAS website at [www.migas.com.au](http://www.migas.com.au).**



# Swayneville State School P&C



presents

# "RAISE THE ROOF" BIG BASH FUNDRAISER



## FAMILY FUN EVENT

### CRICKET FROM 1PM

Limited to 8 teams of 7 players on 2 fields, \$35 team nomination fee.  
Cricket team nominations & enquiries to Glenn on 4950 4150 by Friday 24 April.

Payments by Direct Deposit or at School Office.

BSB: 124982 Account: 22049638 with reference "<Surname> Cricket"

- **LIVE ENTERTAINMENT 6PM-10PM**

by Band "Black Coral"

- **KIDS FUN FROM 4PM-8PM**

Jumping Castles, Face Painting and more for the kids.

Arm bands available for unlimited access - \$10 pre-purchased, \$15 on the day. Payments by Direct Deposit or at School Office.

BSB: 124982 Account: 22049638 with reference "<Surname> Armbands"  
Glow Product available for purchase also.

NOTE:- Bank details have been corrected on this version of the flyer as at 3rd April



*VENUE: Swayneville State School*

*DATE: Saturday, 16th May 2015*

*Food Stalls, Cold Drinks & Bar Available*

## All Welcome

*BYO Chairs / Picnic Blankets : No Eskies please (licensed event)*

Funds raised will go towards a large undercover area at Swayneville School.



General enquiries to Wendy 0418 756 493  
and Cricket enquiries to Glenn 4950 4150

This event is brought to you with the support of  
Rotary Club of Sarina  
& Sarina District Chaplaincy (Scripture Union Qld)



## MAY DATE CLAIMERS

- 2 8am Sarina Tourist Arts & Crafts Markets, Field of Dreams  
8am Sarina Men's Shed Group, Lee St  
8:30am Alligator Creek Taekwon-do Tournament, Sarina State School  
10:30am Sarina Arts Council Presentation "They are Dynamo", Sarina RSL  
7:30pm Sarina Arts Council Presentation "Sweet, Sour & Saucy", Sarina RSL  
7:30pm Alligator Creek Taekwon-do Birthday Celebration Dinner, Sarina Leagues Club
- 2/3 9am Sarina Biennial Quilt & Craft Show, Cultural Hall
- 5 9:30am Nebo/Sarina Range QCWA Social Day, Range Hall, Colston Park
- 6 8am Sarina Men's Shed Group, Lee St  
9am QCWA Sarina Branch, QCWA Hall,  
9am Sarina Fibre Arts Group, Sarina Neighbourhood Centre  
10am Storytime for 2-5 year olds and their grown ups, Sarina Library
- 9 8am Sarina Men's Shed Group, Lee St  
9am Sarina Fibre Arts Group, Sarina State High
- 12 Baby Bounce for 0-18months and their grown ups, Sarina Library  
5:30pm Sarina Festival Meeting, Miller House, Central St
- 13 8am Sarina Men's Shed Group, Lee St  
9am QCWA Sarina Branch, QCWA Hall  
9am Sarina Fibre Arts Group, Sarina Neighbourhood Centre  
10am Storytime for 2-5 year olds and their grown ups, Sarina Library
- 16 8am Sarina Tourist Arts & Crafts Markets, Field of Dreams  
8am Sarina Men's Shed Group, Lee St  
9am Sarina Fibre Arts Group, Sarina State High  
1pm Swayneville School "Raise the Roof" Big Bash Fundraiser
- 19 9:30am Baby Bounce for 0-18 months and their grown ups, Sarina Library
- 20 8am Sarina Men's Shed Group, Lee St  
9am Sarina Fibre Arts Group, Sarina Neighbourhood Centre  
9am QCWA Sarina Branch, QCWA Hall  
10am Storytime for 2-5 year olds and their grown ups, Sarina Library
- 20 2pm Smart Phone Q&A, Sarina Library
- 23 8am Sarina Men's Shed Group, Lee St  
9am Sarina Fibre Arts Group, Sarina State High
- 24 7:30am Sarina & Campwin Beaches 8th Annual Giant Garage Sales
- 26 9:30am Baby Bounce for 0-18 months and their grown ups, Sarina Library
- 27 8am Sarina Men's Shed Group, Lee St  
9am QCWA Sarina Branch, QCWA Hall  
9am Sarina Fibre Arts Group, Sarina Neighbourhood Centre  
10am Storytime for 2-5 year olds and their grown ups, Sarina Library
- 29/31 26th Annual Sarina Art Extravaganza
- 30 8am Sarina Men's Shed Group, Lee St  
9am Sarina Fibre Arts Group – Sarina State High
- 31 Sarina Showgrounds Markets

*The Sarina Events Calendar is displayed at the front of the Sarina Neighbourhood Centre.*

To have your event added to the Sarina Events Calendar contact the Sarina Neighbourhood Centre by phoning 4961 9290 or 4961 9283 or emailing [margaret.mcdowall@mackay.qld.gov.au](mailto:margaret.mcdowall@mackay.qld.gov.au)

**sarina  
festival**

The Sarina Festival Committee is seeking volunteers for the 2015 event to be held Saturday 12 September 2015

### Volunteers Wanted

Monthly meeting held second Tuesday each month at

Miller House Central Street Sarina 5.30pm



E-mail : [sarinafestivalinc@iinet.com.au](mailto:sarinafestivalinc@iinet.com.au)