

Native Ginger

Alpinia caerulea

al-PIN-ee-uh key-ROO-lee-ah



Native Ginger is an edible perennial herb and makes a good bush tucker plant. The new leaf shoots and berries have a mild ginger flavour and can be used in cooking or eaten fresh from the plant.

It has broad sword-shaped green leaves with attractive red leaf reverses. The fragrant white flowers are followed by blue berries. It forms a clump to 2 metres tall and is hardy. Likes a lightly-shaded to full shade spot and can be used indoors. Likes adequate water in dry spells.



Category: Shrub (under 5m)

Height: 2 metres

Spread: 1 metre



Partial to full shade



Prefers adequate moisture



Prefers a rich loamy soil



Bird attracting



Traditional use plant



Suitable as an indoor plant

HOT TIP:

Grows from an underground rhizome, so the plant can be cut back hard if it looks untidy.