Sarina
NEWS
October 2016

Sarina Neighbourhood Centre

Sarina Neighbourhood Centre is a Mackay Regional Council service, which receives funding from the State Department of Communities, Child Safety and Disabilities through the Neighbourhood Centre's Initiative.

Services available:

- Information, advice and referral
- Community information directories
- Community newsletters and notice board
- Sarina events calendar
- Community education activities
- Emergency relief funding

Facilities available:

- A meeting room for community members and groups to use during the centre's operating hours
- An office for visiting services to meet with clients during the centre's operating hours
- Centrelink access point for self services

Sarina Neighbourhood Centre is located next to Mackay Regional Council Client Services Centre, 65 Broad Street, Sarina.

Phone: 4961 9290 or 4961 9283
Email: margaret.mcdowall@mackay.qld.gov.au

Celebrating 20 years young

You're invited to our 20th birthday brunch at Sarina Tourist Art & Craft Centre, 11am Sunday, October 2.

The centre opened it door 20 years ago and has been operated totally by volunteers during that time. If you are a past or present member, or someone who may be interested in joining, please accept our invitation to join us and RSVP to 4956 2251 or email sarinainfo@easynet.net.au.

The craft centre displays all locally made arts and craft, with many of the artists working a shift enabling the centre to trade 9am to 5pm every day 362 days a year.

An open invitation

The centre is also celebrating the opening of the Mount Pelion School house, which was built in 1926 and has been fully restored by volunteers of the centre. The official opening and AGM will be held in the Field of Dreams Parklands, on Sunday, October 30, at 11am. Please RSVP to 4956 2251 for catering purposes, a light brunch will be served.

See it live at the MECC

Woollam Constructions Runway Under The Stars
Saturday, October 8, at 6.30pm
MECC, $85 - $195
The gala event will be the crème dela crème of North Jacklin Mercedes-Benz Fashion Week Mackay. This dinner event is anticipated to be similar to what you would see in Paris or Milan. Gold tickets are $195 and include sumptuous three-course meal and drinks package, silver tickets are $85 and include cheese and antipasto platter and drinks package (only available to purchase in person or via phone).

Healthpoint Chemist Group Morning Melodies 2016: Danny Elliott – I've Got the Music
Friday, October 14, at 11am
MECC, tickets $13.50 - $15
Danny Elliott is one of the world's most versatile entertainers, playing more than 12 different instruments. He also sings and even tap dances. Proudly sponsored by 4MK and Whitsunday Biscuit Factory.

The Royal Scots Dragoon Guards
Saturday, October 15, at 7.30pm
MECC, tickets $79.90 - $89.90
Stars of the Royal Edinburgh Military Tattoo, the World Famous Pipes and Drums of the Royal Scots Dragoon Guards, are marching into the MECC. Notably, the highest profile of the British Military Concert Bands, this promises to be a spectacular concert, giving audiences a whole new experience in Scottish Traditional classic tunes, superbly blended with modern music arrangements.

Tequila Mockingbird – shake & stir theatre co
Saturday, October 29, at 7.30pm
MECC, tickets $22 - $42 Adult
The creative powerhouse behind the critically-acclaimed productions Animal Farm, 1984, and Wuthering Heights return with a new Australian play. Tequila Mockingbird visits themes of racial prejudice, the perversion of justice and the consequences of alcohol abuse, all in a uniquely Australian context. After a woman is attacked in a remote town, the racist underbelly rears its head as the community targets a young Indian doctor new to the area. Only one local man possesses the strength to uncover the truth and defend the accused in the ultimate fight for what's right. But first, he must take care of other matters a little closer to home. Please note > Recommended 14+.

What's on at the library...

> Baby Bounce

Tuesdays, 9.30am - 10am
Sarina Library
For babies aged 0-18months. Baby Bounce consists of nursery rhymes, songs and the use of board and picture books. Sessions encourage valuable one-on-one time and are a great networking opportunity. Baby Bounce is held during the school term. No bookings are required.

> Storytime

Wednesdays, 10am - 11am
Sarina Library
A program of stories, nursery rhymes, finger plays and songs for children aged two – five years.

Held during the school term, sessions encourage a child's love of books.

> Computer Classes

2pm - 3.30pm, Sarina Library
Wednesday, October 5 – Email
Wednesday, October 12 – Internet
Wednesday, October 19 – Microsoft Office
Wednesday, October 26 - PortalHUB
All classes are free for library members but bookings are essential and can be made at any library branch.

Join us for a cuppa or two

Apex Park, every Tuesday at 10am.

Everyone welcome, especially newcomers to Sarina.
For all enquiries please contact Meredith on 4956 2398 or Raylene on 4943 1509.

Supporting you and your family

The Mackay Women's Centre provides a range of free counselling and support services for women in the city of Mackay and surrounding region. Our counsellor visits Sarina every Thursday morning at the Sarina Neighbourhood Centre, 65 Broad Street. To arrange an appointment, please call the Women's Centre office, 49531788.

In Mackay, we run a Pregnancy and Pregnancy Support Program that offers support for families, as well as Emergency Relief, for babies and toddlers. This program includes counselling and support around these issues, as well as being able to supply nappies, formula and prescriptions (where appropriate) in times of need.

In recent months the Women's Centre has been sharing the "One Million Stars Project" with many community groups. The project aims to get people talking about domestic violence while weaving stars; these then will be a part of the opening of the Commonwealth Games in 2017.

The Women's Centre is always introducing new programs to ensure there is always plenty of choices when looking for social or educational events to attend. Some of these only run short-term, while others will join our long-term bookings. One interesting such group is the Teen Mum's group. This offers practical and social support for young mothers, helping to make the transition to motherhood as simple as possible. Other weekly activities include Zumba Gold, walking group, Tai Chi, Mackay Active Women's Group and Yoga.

For further information, please call the office on 4953 1788 between 8.30am and 4.30pm, visit mackaywomenscentre.com.au or find us on Facebook.

mackaywomenscentre

Sarina Youth Centre

> Corner of Anzac & Broad streets, Sarina

Sarina Youth Centre is a place where young people (10-25) can meet up, socialise and take part in a range of fun activities. Find out information and get support on issues or programs that may be of interest to them.

Sarina Showground Market

> Sunday, October 30

Make a morning of it with plenty to see and do - kids' activities, home baking, old wares, plants, trash and treasure, hand-made clothing, handy crafts, live entertainment and more.

The canteen will be open thanks to the Sarina Show Society volunteers, with plenty of food and cold drinks.

For more details phone 4956 1066 or visit sarinashowsociety.com.au. Site bookings essential.

first5forever

9.30am - 11.30am
Tuesdays
Queensland Country Women's Association
Brewers Road, Sarina

Families with children aged 0-5 years join us for a free Chatter Play session. Drop in anytime.

Held during the school term.

first5forever.org.au

Mackay Regional Council | Queensland Government

An initiative of the State Library of Queensland

Cool drinks on the deck

It's cool drinks on the deck for the ladies from the QCWA Sarina Branch who were successful in the last round of grant funding from the Sarina Community Bank Branch Community Engagement Program.

This funding has been used to maintain the decks at both the QCWA Sarina Branch hall in Brewers Road and also the QCWA Sarina Beach Cottage. This work has given both buildings a fresh look and helps to keep them maintained and safe for visitors and members. The beach cottage also has received a new fridge to keep those drinks chilled, to enjoy while relaxing on the spruced up deck.

The QCWA Sarina Branch wish to extend a big thank you to the Sarina Community Bank Branch for its generous support as maintaining two buildings is quite a challenge, but worthwhile. Every little bit helps and enables members to continue to support the Sarina community through craft, hoy and social activities, and supporting other community groups with their supply of trauma teddies, adult shirt protectors and crisis bags.

Visitors and new members are always welcome. Any enquiries regarding the QCWA Sarina Beach Cottage, please contact First National Real Estate on 4943 1616 or for QCWA Sarina Hall enquiries please contact Barbara on 0473 242 123.

Pictured above, left: The view over Sarina Inlet from the Beach cottage. Pictured above, right: Members and visitors admiring the newly painted deck and ramp at the QCWA Sarina Branch hall, from left Jo Poulsen, Jean Thompson, Emily Dale, Ilse Simonsen and Bobbie James.

New E-HUB Recycle Centre

A new E-Hub Recycle Centre opened at the old Mitre 10 Building in Central Street this month. The Recycle Centre disassembles electronic waste and redirects the recovered materials into manufacturing streams.

The centre's manager Nathan Cunneen is excited about the possibilities for Sarina.

"The E-hub provides a workplace for employees and volunteers to gain confidence and skills in order to transition them in to sustainable employment. We also expect to redirect 20t of E-waste from landfill each year."

Manufactured goods with plastics and electronics primarily end out in landfill and usually contain toxins like lead, mercury and cadmium which can leak into the soil and water. However, if we reduce our E-waste to its raw materials much of it can be reused or recycled.

"Initially the E-Hub will only receive computer equipment, photocopiers, and flat screen TVs. But we are hoping the E-hub will develop into a Makerspace for hackers, designers, inventors, tinkerers, DIYers and entrepreneurs to be creative. Who knows what could new ideas could be birthed here in Sarina?" said Mr Cunneen.

The E-hub will receive your E-waste on Tuesdays, Wednesday and Thursday between 9am and 2pm. Drop in for a visit.

Potluck family dinner nights

If you're new to the community, like to try different food or don't have anything in the pantry come along to the Family Dinner Nights on Wednesday nights.

This is for the whole community to share a dish with each other. Bring food if you can, and if not just turn up at the New Life Church, 1 Leslie St between 6-7pm. For more information, contact 0417 727 700.

BELOW THE BELT
Gynaecological Cancer Support Group

Awareness and funding event

Below the Belt Support Group would like to congratulate our support member Trudy Crowley for the successful "Nude Lunch" event on Friday, September 23, promoting Awareness and Fundraising for vital research funds for Ovarian Cancer Australia.

Ladies affected by all gynaecological cancers and needing support or whose experiences may help others, as well as family, friends and carers, are invited to join us at our Below the Belt Coffe & Chat Morning on the second Monday of the month at our new venue, the Commonwealth Respite & Carelink Centre at 25 Wellington Street, Mackay.

We look forward to seeing you there or if you can't make it but would like more information please call Jenny on 4942 1712, email Wendy simackay@siswp.org or check us out on Facebook at Below the Belt Mackay.

Pictured above: Members Maree and Jenny joining in lunch celebrations with friends Di, Rosie and Peggy.

St Luke's Church Car Boot Sale

St Lukes's Church, Sarina, is holding a Car Book Sale and Market Day on Saturday, November 12, in the church grounds from 9am to 2pm. Join in the sale for $15 per car parked in the grounds. There will be something for everyone, with a plant stall, homemade sweets, Christmas craft and gifts, sausage sizzle, cold drinks, mini cent sale in the hall at 1pm and entertainment.

Mums and bubs Coffee Morning

> Thursday mornings, 10am at Sarina RSL

All are welcome, chat and enjoy coffee and homemade cakes, free babychino's, colouring-in for the kids, a play area and various product displays each week.

See the RSL Facebook page for updates or phone today on 4956 1814.

Sarina Festival Announcement

At the Sarina Festival's debrief meeting, following another successful family fun day held at the Sarina Leagues Ground on Saturday, September 10, it was decided that due to the increasing number of similar events now competing for the public's attendance, that we elected not to plan for an event in 2017.

After eight years of hard work by a mere handful of volunteers, it has become too challenging to continue. The amount of planning leading up to the event and the sheer effort in setting up, running and then tearing down the event has become too taxing.

It is sad to have to make this decision. Overall it has been an enjoyable experience working with lifelong friends, but we feel we need to take a break. The committee may elect to pursue another activity in the future, but it would be on a much smaller scale.

To our valued sponsors we sincerely thank you for helping us put on this great community event and look forward to continuing our relationship with you should we provide other events. So, to every individual who has donated their valuable time to make the Festival the successful event, it has been.

A global network of friendship

Soroptimists work together in a spirit of friendship and fun to make the world a better place. Members are encouraged to be aware and involved in local and global issues. A Friendship Link system encourages joint projects between clubs in developing countries by clubs in developed countries.

Soroptimist membership opens the doors to opportunities for international experiences and friendships.

For more information contact Jenny on 4942 1712, Wendy at simackay@siswp.org, alternatively check us out on Facebook Soroptimist International Mackay or at www.siswp.org.

ANTI-POVERTY WEEK FOOD DRIVE

MONDAY, SEPTEMBER 26 - SATURDAY, OCTOBER 22

Did you know charities in our region have hundreds of request for food parcels every month? Help us to help them by donating non-perishable food items and toiletries.

Food Drive drop-off points:

- Mackay Client Service Centre
- Mackay City Library
- Gordon White Library
- Sarina Neighbourhood Centre
- Mirani Client Service Centre

Donations will be given to Anglicare, St Pauls Uniting Church and Sarina Inter Church Council after Anti-Poverty Week (October 17 to 22) to replenish their existing food pantries. All food items must be in-date and undamaged.

For further information

Phone **1300 MACKAY**
(1300 622 529)
Email **info@mackay.qld.gov.au**

Mackay Regional Council

OCTOBER DATE CLAIMER

To have your event added to the Sarina Events Calendar, contact the Sarina Neighbourhood Centre on 4961 9290 or margaret.mcdowall@mackay.qld.gov.au.

5	> 8am	Sarina Mens Shed, 40 Lee St
	> 9am	Sarina Fibre Arts, 36 Lee St
	> 9am	QCWA Craft and sewing, QCWA Hall
	> 10am	Storytime, Sarina Library
	> 2pm	Email Computer Classes, Sarina Library
	> 6pm	Karate Club classes, Cyril McKie Court
	> 6.30pm	Sarina Community Choir, St Michael's Church Hall
6	> 4pm	Kundalini Yoga Classes, 7 Leslie St
	> 5.30pm	Stuck on Fitness - Fitness Boxing, QCWA Hall
7	> 7pm	Rock & Roll Dancing, St Luke's Hall
8	> 8am	Sarina Mens Shed, 40 Lee St
	> 9am	Sarina Fibre Arts, 36 Lee St
9	> 9am	Greatest Journey for children 4-17 years, Wesleyan Methodist Church
10	> 5.30pm	Red Boat Kung Fu, St Luke's Anglican Church Hall
	> 6pm	Karate Club classes, Cyril McKie Court
11	> 9am	River of Life Care Service hampers, St Luke's Anglican Church
	> 9.30am	Baby Bounce, Sarina Library
	> 9.30am	Chatter Play, QCWA Hall
	> 10am	Cuppa at The Park, Apex Park
	> 10am	MRC Arts Development Officer, Sarina Neighbourhood Centre
	> 4pm	Kundalini Yoga Classes, 7 Leslie St
	> 6pm	Kundalini Yoga Classes, 7 Leslie St
	> 6pm	Zumba Classes, New Life Centre
12	> 8am	Sarina Mens Shed, 40 Lee St
	> 9am	Sarina Fibre Arts, 36 Lee St
	> 9am	QCWA Sarina Craft Morning, QCWA Hall
	> 10am	Storytime, Sarina Library
	> 2pm	Internet Computer Classes, Sarina Library
	> 6pm	Karate Club classes, Cyril McKie Court
	> 6.30pm	Sarina Community Choir, St Michael's Church Hall
13	> 4pm	Kundalini Yoga Classes, 7 Leslie St
	> 5.30pm	Stuck on Fitness - Fitness Boxing, QCWA Hall
14	> 7pm	Rock & Roll Dancing, St Luke's Hall
15	> 8am	Sarina Mens Shed, 40 Lee St
	> 8am	Markets, Field of Dreams
	> 9am	Sarina Fibre Arts, 36 Lee St
16	> 9am	Greatest Journey for children 4-17 years, Wesleyan Methodist Church
17	> 5.30pm	Red Boat Kung Fu, St Luke's Anglican Church Hall
	> 6pm	Karate Club classes, Cyril McKie Court
18	> 9am	River of Life Care Service hampers, St Luke's Anglican Church
	> 9.30am	Baby Bounce, Sarina Library
	> 9.30am	Chatter Play, QCWA Hall
	> 10am	Cuppa at The Park, Apex Park
	> 4pm	Kundalini Yoga Classes, 7 Leslie St
	> 6pm	Kundalini Yoga Classes, 7 Leslie St
	> 6pm	Zumba Classes, New Life Centre
19	> 8am	Sarina Mens Shed, 40 Lee St
	> 9am	Sarina Fibre Arts, 36 Lee St
	> 9am	QCWA Sarina Hoy Morning, QCWA Hall
	> 10am	Storytime, Sarina Library
	> 2pm	Microsoft Office Computer Classes, Sarina Library
	> 6pm	Karate Club classes, Cyril McKie Court
	> 6.30pm	Sarina Community Choir, St Michael's Church Hall
20	> 4pm	Kundalini Yoga Classes, 7 Leslie St
	> 5.30pm	Stuck on Fitness - Fitness Boxing, QCWA Hall
21	> 7pm	Rock & Roll Dancing, St Luke's Hall
22	> 8am	Sarina Mens Shed, 40 Lee St
	> 9am	Sarina Fibre Arts, 36 Lee St
23	> 9am	Greatest Journey for children 4-17 years, Wesleyan Methodist Church
24	> 5.30pm	Red Boat Kung Fu, St Luke's Anglican Church Hall
	> 6pm	Karate Club classes, Cyril McKie Court
25	> 9am	River of Life Care Service hampers, St Luke's Anglican Church
	> 9.30am	Baby Bounce, Sarina Library
	> 9.30am	Chatter Play, QCWA Hall
	> 10am	Cuppa at The Park, Apex Park
	> 4pm	Kundalini Yoga Classes, 7 Leslie St
	> 6pm	Kundalini Yoga Classes, 7 Leslie St
	> 6pm	Zumba Classes, New Life Centre
26	> 8am	Sarina Mens Shed, 40 Lee St
	> 9am	Sarina Fibre Arts, 36 Lee St
	> 9am	QCWA Craft/Branch Meeting Morning, QCWA Hall
	> 10am	Storytime, Sarina Library
	> 2pm	PortaHUB Computer Classes, Sarina Library
	> 6pm	Karate Club classes, Cyril McKie Court
	> 6:30pm	Sarina Community Choir, St Michael's Church Hall
27	> 4pm	Kundalini Yoga Classes, 7 Leslie St
	> 5.30pm	Stuck on Fitness –Fitness Boxing, QCWA Hall
28	> 7pm	Rock & Roll Dancing, St Luke's Hall
29	> 8am	Sarina Mens Shed, 40 Lee St
	> 9am	Sarina Fibre Arts, 36 Lee St
30	> 7am	Sarina Showgrounds Markets
	> 9am	Greatest Journey for children 4-17years, Wesleyan Methodist Church
31	> 5.30pm	Red Boat Kung Fu, St Luke's Anglican Church Hall Sarina
	> 6pm	Karate Club classes, Cyril McKie Court

SAVE THE DATE:
Community Christmas Celebration
Cultural Hall Precinct Sarina
Saturday, December 10, 5pm – 8pm

For more information contact Sarina Neighbourhood Centre 4961 9283