Sarina Neighbourhood Centre

Sarina Neighbourhood Centre is a Mackay Regional Council service, which receives funding from the State Department of Communities, Child Safety and Disabilities through the Neighbourhood Centre’s Initiative.

Services available:
- Information, advice and referral
- Community information directories
- Community newsletters and notice board
- Sarina events calendar
- Community education activities
- Emergency relief funding

Facilities available:
- A meeting room for community members and groups to utilise during the centre’s operating hours
- An office for visiting services to meet with clients during the centre’s operating hours
- Centrelink access point for self services

The Sarina Neighbourhood Centre is located next to Mackay Regional Council Client Services Centre, 65 Broad Street, Sarina.

Phone: 4961 9290 or 4961 9283
Email: margaret.mcdowall@mackay.qld.gov.au

facebook.com/sarinaneighbourhoodcentre

Council in Community

Your local councillors will be in Sarina on September 6, 2017.

Join us for a community catch-up to discuss local issues at:

Sarina Leagues Club
Brewers Road, Sarina
3.30pm to 4.30pm Wednesday, September 6, 2017

For further information: Ph 1300 MACKAY (622 529) www.mackay.qld.gov.au
Opening day of Sarina Women’s Group

Thursday, September 7 from 10:30 to 12:30pm

The Field of Dreams, Railway Square, Sarina, next to the Arts and Crafts building

$2 contribution

Sarina Women’s Group will then continue weekly every Thursday same time and place.

The Sarina Women’s Group is open to all women.
It’s women connecting with women on a social and learning level.

Come, meet others, make new friends, talk, and laugh in a safe and supportive environment.

For more information call 4953 1788.

FRIDAY MORNING

B I N G O

RSL, 34 Central Street, Sarina
Hosted by Sarina RSL Citizens Auxiliary
Join us from 9.30am - 11.30am
$5 entry includes morning tea and game

Next on - Friday, September 2

Sarina Arts Council

Sarina Seven Exhibition at the Sarina Art Gallery in the Field of Dreams Parklands.

It consists of seven local artists with different styles and mediums so come on down and have a look.

The exhibition runs until September 8 and is open every day from 10am to 4pm.

Sarina Tourist Art & Craft Mini Markets

The markets will be held on the 2nd and 4th Saturday of the month.

Starting at 8am to 12noon

Anyone interested in having a stall please phone Les Brown on 4956 2581 or Jennifer Costello on 0414 735 787.
What's on at your library!

> Baby Bounce

Sessions are held on Tuesdays from 9.30am – 10.00am (during school term)

Baby Bounce promotes language development in babies from birth to walking. The session features nursery rhymes, finger plays, songs and stories.

It’s never too early to talk, read and tell stories with your child.

> Storytime

Sarina Library
Wednesdays from 10am – 11am

A program of stories, nursery rhymes, finger plays and songs for children aged 2 – 5 years.

Held during the school term, sessions encourage a child's love of books.
Have your say on what to do these school holidays!

The Sarina Youth Centre is wanting your feedback and ideas for activities to organise for the September School Holiday's.

We have free activities for the ages of 10-18 from Monday to Friday between the hours of 10am -2pm.

If you have any suggestions, ideas or would like to provide some feedback on previous holiday programs please contact us at.

The Sarina Youth Centre on Ph: 0749619277, Mob:0448941077. Email: sarinayouthcentre@mackay.qld.gov.au or like us on facebook.

Example of June school holiday program

Sarina Youth Centre

Sarina Youth Centre is a place where young people (10-25) can meet up, socialise and take part in a range of fun activities.

Find out information and get support on issues or programs that may be of interest to them.

SARINA YOUTH CENTRE

Term 2 School Holiday Program

Monday 26th of June to Friday 7th of July

Monday 26th June
Movies & Popcorn
Let us know which movie you’d like to watch.

Tuesday 27th June
Pool Competition
Will you be the next champion & win the amazing prize?

Wednesday 28th June
Cooking (Your Choice)
Create a delicious meal voted by popular choice.

Thursday 29th June
Pamper Day
A day to relax at the Youth Centre! With Henna by Abbey, nails and beauty treatments .

Friday 30th June
Outdoor Activities
Team sports: Basketball & Volleyball.

Monday 3rd July
PS3 Tournament
Come in & verse our Youth Centre champions!

Tuesday 4th July
Dream Catchers
A day to be creative and make your own one of a kind dream catcher!

Wednesday 5th July
Traditional Cooking
Celebrate NAIDOC week by cooking a traditional dish.

Thursday 6th July
Drum Making
Join us to create your own Djembe Drum out of plastic bottles.

Friday 7th July
Tie Dye Session
Simply bring in a shirt, socks or pillowcase & learn how to Tie Dye your own clothing.

Activities run from 10am—2pm for youth 10—18 years old

For more information, please contact:
P: 4961 9277 E: sarinayouthcentre@mackay.qld.gov.au

For updates, check out our Facebook Page!
See it live at the MECC

We're Going on a Bear Hunt
We’re Going on a Bear Hunt is the wonderful story of a family out for a walk and on the lookout for a growling bear – they have to march through long swishy grass, wade through thick gloopy mud and even battle a snow storm before entering a big dark cave where maybe they will finally spot the glinty wet eyes of a slobbering, gigantic bear winking at them through the blackness.

> Recommended Age Group > 2 to 8 years
> Monday 4 September 2017 > 6pm
> Tuesday 5 September 2017 > 10am & 12pm
> MECC Auditorium

Mackay Musical Comedy Players presents Jesus Christ Superstar
The global phenomenon that has wowed audiences for over 40 years, “Jesus Christ Superstar” explodes back onto the MECC stage in September. Following on from their successful production of “Wicked”, Mackay Musical Comedy Players bring a fresh contemporary look at the Gospel account of the last week of Jesus’ life.

> Friday 8 September 2017 > 8pm
> Saturday 9 September 2017 > 2pm & 8pm
> MECC Auditorium

Diary of a Wombat
Millions of young people around the world have adored the multi award-winning picture book, Diary of a Wombat. Now finally this iconic work by Australian Children’s Laureate, Jackie French and Bruce Whatley comes to the stage. Meet Mothball, the naughtiest wombat in Australia. Bored with her daily routine, Mothball goes in search of shelter and food, creating chaos in the lives of the humans around her.

> Recommended Age Group > Schools and Families aged 3 to 9
> Tuesday 26 September 2017 > 12pm & 6pm
> MECC Auditorium
Local green homes open to public

Sustainable House Day is a national event which has been held annually since 2001. Homes are opened to the community so that owners can showcase the features that contribute to lower energy costs and liveability in the local climate, and that minimise the impact on the environment.

This year for the first time there will be two homes open in the Mackay region. Margaret and Philip Lane in Mackay, and Lyn and Tom Jantke in Sarina, will give guided tours of their homes. They will give climate specific tips and advice on what has worked for them in their choice of design, building materials, solar power, water harvesting, landscaping for major rain events, plant choices, successful food crops and more.

Their homes, named Tropical House and Rainbow House, will be open to the public on Sunday September 17, from 10am to 4pm.

The day is a valuable resource for anyone who is looking to build, renovate, buy an existing house or generally improve the liveability of their property.

Visitors to Sustainable House Day can obtain addresses by registering to attend via the website at www.sustainablehouseday.com

Choosing change
A men’s stopping violence program
Equal partners - equal power

Ask yourself

Do you want to change?
Are you prepared to take the first step?
Feeling stuck in your pattern of behaviour?
Do you want to be a better Dad for your kids?

Choosing Change is a group based program that provides the opportunity for you to take responsibility for your use of abusive behaviours in intimate and family relationships (all relationships cover under the QLD DFV Act 2012).

The aim of the program is to help you develop and maintain respectful attitudes and behaviours within your family.

Change can be challenging and confronting and in the program we support and guide you on a path to effective change over a 20 week period.

Contact details

> Cath - UnitingCare Queensland
Phone: (07) 4944 2300
287 Shakespeare Street, Mackay
**Event calendar**

The Sarina events calendar is displayed at the front of the Sarina Neighbourhood Centre.

To have your event/activity added to the Sarina Events Calendar contact the Sarina Neighbourhood Centre: Phone 4961 9283 or email margaret.mcdowall@mackay.qld.gov.au

**September 1, 9:30am – 11:30am**  
Friday Morning Bingo @ Sarina RSL

**September 6, 3:30pm – 4:30pm**  
Community catch-up with the local Councillors @ Sarina Leagues Club

**September 7, 10:30am – 12:30pm**  
Opening Day of Sarina Women’s Group @ Field of Dreams Parkland Sarina

**September 9, 8:00am – noon**  
Mini Markets @ Field of Dreams Parkland Sarina

**September 12, 10am – 3pm**  
MRC Arts Development Officer @ Sarina Neighbourhood Centre

**September 12-28**  
BreastScreen Queensland Digital Mobile Unit, Sarina Shopping Centre

**September 16, 7:00pm**  
Creative Shots Photo Club & Sarina RSL Photography Exhibition Gala Opening at Sarina RSL

**September 16-22, 10am – to late**  
Creative Shots Photo Club & Sarina RSL Photography Exhibition (On Display) at Sarina RSL

**September 17, 10am – 4pm**  
Sustainable House Day Open House - Sarina

**September 20-21, 9:00am**  
Sarina & District Tennis Association Junior Aged Tournament @ Hoey Street Courts Sarina

**September 22, 9:00am**  
Half Tide Salonika Beaches Progress Assn Meeting (Plan Xmas Raffle) @ Grendon Park Hay Point

**September 23, 8am – noon**  
Mini Markets @ Field of Dreams Parkland Sarina

**September 24, 7am – noon**  
Sarina Showground Market @ Sarina Showgrounds

**Upcoming Events:**

**October 6**  
Friday Morning Bingo @ Sarina RSL

**October 14 & 28**  
Mini Markets @ Field of Dreams Parkland Sarina

**October 29**  
Sarina Showground Market @ Sarina Showgrounds

**October 31**  
Printmaking Class for beginners @ Sarina Art Gallery, Field of Dreams Parkland

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**Weekly cuppa and catch up**

> **Apex Park**

> **Every Tuesday at 10am**

Everyone is welcome, especially newcomers to Sarina.

For all enquiries please contact:

> Meredith 4956 2398
> Raylene 4943 1509

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**Mackay Women’s Services**

*Mackay Women’s Centre – Domestic Violence Service – Sexual Assault Service*

Free Counselling and support for women.

**418 Shakespeare Street**

Mackay, 4740

Ph (07) 4953 1766 | PO Box 444

Email: admin@domesticviolenceservice.com.au
### Sarina District weekly activities calendar

**Mondays**
- 8am: Sarina Men's Shed @ Lee St Sarina
- 5.30pm: Red Boat Kung Fu @ St Luke's Anglican Church Sarina
- 6pm-7pm: Monday Evening Meditation @ Seehouse Teahouse Central St Sarina

**Tuesdays**
- 9.30am-10am: Baby Bounce @ Sarina Library (during School Term)
- 9.30am-11:30am: Chatter Play @ QCWA Hall (during School Term)
- 10am: Cuppa @ The Park @ Apex Park Sarina
- 4pm & 6pm: Kundalini Yoga @ 7 Leslie St Sarina
- 6pm – 7pm: Zumba Fitness @ New Life Centre 1 Leslie St Sarina (during School Term)
- 6pm-7:30pm: Sarina Karate Club @ Sarina Beach Rd (Cyril McKie Crt)
- 7pm: Sarina Tennis fixtures (mixed teams) @ Hoey St Tennis Courts

**Wednesdays**
- 8am: Sarina Men's Shed @ Lee St Sarina
- 9am – 11am: QCWA Social and Craft Morning (3rd / 10th / 24th / 31st May) @ QCWA Hall
- 9am: QCWA Hoy Morning (17th May) @ QCWA Hall
- 9am-12noon: Sarina Fibre Arts @ Creative Cottage Lee St Sarina
- 10am-11am: Storytime for under 5 years @ Sarina Library (during School Term)
- 3:15pm: Sarina Tennis Junior Coaching @ Hoey St Tennis Courts
- 6:30pm-7:30pm: Sarina Sings Community Choir @ St Michael's Catholic Church

**Thursdays**
- 9am: Sarina Tennis fixtures (ladies teams) @ Hoey St Tennis Courts
- 10am: Time Out Tai Chi @ Sarina RSL
- 4pm & 6pm: Kundalini Yoga @ 7 Leslie St Sarina
- 6pm-7:30pm: Sarina Karate Club @ Sarina Beach Rd (Cyril McKie Crt)

**Fridays**
- 9am: Kundalini Yoga @ 7 Leslie St Sarina
- 3:30pm: Sarina Tennis fixtures (Juniors Hot Shots League) @ Hoey St Tennis Courts (during School Term)
- 7pm-9pm: Rock and Roll Dancing @ St Luke’s Anglican Church Hall
- 7pm: Friday Night Sarina Darts @ Sarina Darts Hall, Hoey St Sarina

**Saturdays**
- 7am: Kundalini Yoga @ Sarina Beach (walkway before Sarina Beach Motel)
- 8am: Sarina Men's Shed @ Lee St Sarina
- 8:30am-9:30am: Zumba Gold @ Cultural Hall Sarina
- 9am-12noon: Sarina Fibre Arts @ Creative Cottage Lee St Sarina
- 1pm: Sarina Tennis fixtures (mixed social doubles) @ Hoey St Tennis Courts

**Sundays**
- 9am: Sunday Kids Club @ Sarina Wesleyan Methodist Church (During School Term)